

HighSchoolHangout

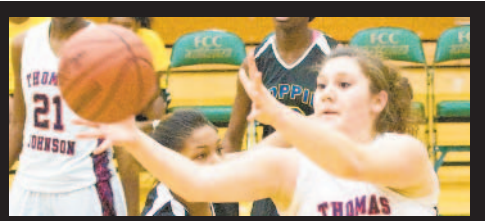
SIMPLY THE BEST

Weekly News-Post Rankings



KEEPING TABS

Regular Season Statistics
(Updated Through January 28)



Boys Basketball

1. Urbana
2. Linganore
3. Tuscarora
4. Oakdale
5. Middletown

Girls Basketball

1. Frederick
2. Urbana
3. Walkersville
4. Middletown
5. Linganore

Wrestling

1. Urbana
2. Middletown
3. Tuscarora



Staff photo by Bill Green

Linganore's Jalen Gee goes up for a shot against Oakdale.

QUOTE OF THE WEEK

"Sometimes we'll get really excited. We're a young team. So, it'll be like, 'Oh, we're winning! We're winning!' Then, we'll fall asleep going down the court."

— Linganore girls basketball player Meghan Martin.

STAT OF THE WEEK

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— That's how long the Frederick girls basketball team's winning streak is.

Boys Basketball

Team Standings

Monocacy Valley Athletic League

Piedmont Division			
Team	W	L	Overall
Linganore	9	2	12
Tuscarora	8	2	13
Urbana	7	3	13
Oakdale	5	4	17
Frederick	4	6	7
Middletown	2	7	2
TJ	0	11	2
Walkersville	0	11	2

Antietam Division			
Team	W	L	Overall
South Hagerstown	11	0	15
Smithsburg	9	2	13
North Hagerstown	6	5	8
Clear Spring	6	5	9
Brunswick	5	6	7
Williamsport	5	6	9
Catoctin	2	8	3
Boonsboro	0	10	3

Chesapeake Division			
Team	W	L	Overall
South Carroll	10	0	13
Century	8	1	13
Westminster	7	3	13
Winters Mill	6	4	7
FSK	4	4	6
Liberty	2	7	5
Manchester Valley	2	7	5
North Carroll	0	10	1

Other Area Schools			
Team	W	L	Overall
MSD	15	0	15
SJCP	14	0	14
FCA	13	0	13
New Life	13	0	13
Frederick Force	3	0	3

Individual Leaders

Name, School	GP	Pts.	Avg.
Zach Thomas, Oakdale	11	258	23.5
Luke Jackson, Linganore	14	258	18.4
Nick Peifer, SJCP	23	382	16.6
Evan Austin, SJCP	22	364	16.5
Seth Myers, New Life	20	322	16.1
James Steingieser, MSD	20	320	16.0
Nigel Fender, Frederick	13	204	15.7
Phil Tarca, FCA	21	327	15.6
Connor Brown, New Life	20	309	15.5
Jacob Veenstra, FCA	21	322	15.3
Clay Conner, Linganore	14	204	14.6
Jalen Gee, Linganore	14	201	14.4
Kevin Heine, Oakdale	11	155	14.1
Amarit Matharu, FCA	20	278	13.9
Lamell Washington, Tuscarora	12	165	13.7
Nate DeJong, New Life	17	228	13.4
Terence Stafford, TJ	14	185	13.2
Austin Brown, New Life	20	263	13.2
Zach Fontenot, Middletown	14	168	12.8
Thomas Utt, Urbana	7	85	12.1

Rebounding

Name, School	GP	Reb.	Avg.
Ian Fisher, Brunswick	10	118	11.8
Phil Tarca, FCA	21	246	11.7
Tommy James, Linganore	14	158	11.3
Seth Myers, New Life	20	223	11.2
Zach Thomas, Oakdale	11	97	8.8
James Steingieser, MSD	20	175	8.8
Jason Harris, SJCP	22	193	8.8
Andrew Rivera, SJCP	23	188	8.2
John Koffman, FCA	10	81	8.1
Ben Lewis, Middletown	12	94	7.8
Lamell Washington, Tuscarora	12	91	7.5
Nate DeJong, New Life	17	128	7.5
Jesse Steingieser, MSD	21	152	7.2
Deonte Taylor, Frederick	14	99	7.2
Terence Stafford, TJ	14	98	7.0
Brandon Wharton, Urbana	16	112	7.0
Kevin Heine, Oakdale	11	71	6.5
Mohamad Kamara, MSD	10	65	6.5
Luke Campbell, Brunswick	16	98	6.1
Thomas Utt, Urbana	7	42	6.0
Connor Brown, New Life	20	119	6.0

Assists

Name, School	GP	Ast.	Avg.
Trevor Lecuona, SJCP	23	145	6.3
Matt Lane, Urbana	16	76	4.8
Jacob Veenstra, FCA	21	97	4.6
Derek Frank, MSD	21	97	4.6
John Koffman, FCA	10	42	4.2
Nigel Fender, Frederick	14	54	3.9
Joe Fawley, Brunswick	16	60	3.8
Connor Brown, New Life	18	68	3.8
Zach Thomas, Oakdale	11	41	3.7
Connor Brown, New Life	20	73	3.7
Clay Conner, Linganore	14	49	3.5
Darryl Sanders, Frederick	11	37	3.4
Juan Retana, Linganore	7	24	3.4
Jaylen White, Tuscarora	10	33	3.3
Austin Brown, New Life	20	63	3.2
Jalen Gee, Linganore	12	37	3.1

Girls Basketball

Team Standings

Monocacy Valley Athletic League

Piedmont Division			
Team	W	L	Overall
Frederick	10	1	13
Urbana	8	4	13
Middletown	7	4	11
Walkersville	6	7	11
Linganore	5	7	9
TJ	4	6	8
Oakdale	3	8	8
Tuscarora	0	11	3

Antietam Division			
Team	W	L	Overall
Catoctin	9	2	11
South Hagerstown	6	2	12
Smithsburg	6	2	12
North Hagerstown	6	2	7
Clear Spring	5	2	7
Boonsboro	4	4	5
Williamsport	3	3	7
Clear Spring	0	10	2

Chesapeake Division			
Team	W	L	Overall
Century	9	1	15
South Carroll	6	3	9
Manchester Valley	5	3	4
FSK	4	4	6
Winters Mill	4	4	6
Liberty	4	4	6
Westminster	3	3	6
North Carroll	3	3	6

Other Area Schools			
Team	W	L	Overall
SJCP	18	0	18
Damascus	14	0	14
New Life	11	0	11
MSD	11	0	11
Frederick Force	10	0	10
FCA	7	0	7

Individual Leaders

Name, School	GP	Pts.	Avg.
Lauren Tolson, Frederick	17	437	25.7
Meghan Martin, Linganore	15	363	24.2
Shania Johnson, Tuscarora	14	316	22.6
Peyton Carper, Urbana	13	275	21.2
Aileen Maknati, New Life	19	386	20.3
Cara Mason, Urbana	12	233	19.4
Tyra Hughes, Walkersville	16	261	16.3
Augusta Seremeth, MSD	18	291	16.2
Bailey Griffin, TJ	17	256	15.1
Marial Pierce, SJCP	21	310	14.8
Erica Buls, Oakdale	17	215	12.6
Dani Medovich, Walkersville	16	198	12.4
Liz Catoe, New Life	17	144	12.0
Tara Woelfel, Catoctin	14	166	11.9
Caitlin McLister, Middletown	17	196	11.5
Brittney George, Middletown	17	195	11.5
Meredith Jones, SJCP	21	225	10.7
Trioniqua Black, TJ	17	175	10.3
Jesse Burke, Linganore	15	152	10.2

Rebounding

Name, School	GP	Reb.	Avg.
Jesse Burke, Linganore	15	240	16.0
Aileen Maknati, New Life	19	233	12.3
Caroline Grossweiler, Catoctin	17	205	12.1
Meghan Martin, Linganore	15	180	12.0
Augusta Seremeth, MSD	18	197	10.9
Erica Buls, Oakdale	17	175	10.3
Christine Hagan, SJCP	19	193	10.2
Trioniqua Black, TJ	17	150	8.8
J. Mangiafico-Chambers, Fred.	16	139	8.7
Alyssa Smith-Henry, Brunswick	15	131	8.2
Jordan Goodfriend, TJ	17	136	8.0
Sophia Morrow, TJ	15	116	7.7
Caitlin Roy, Middletown	17	131	7.7
Taylor McGaughey, Oakdale	17	129	7.6
Ausinette Rodriguez, Urbana	13	95	7.3
Kendall Zickefoose, Catoctin	17	121	7.1
Dara Demich, Brunswick	13	118	7.1
Brittney George, Middletown	17	110	6.5
Rebecca Washington, MSD	16	106	6.4
Maria Harper, Walkersville	16	61	6.1

Assists

Name, School	GP	Ast.	Avg.
Marial Pierce, SJCP	21	150	7.1
Jae'shon Swann, TJ	17	121	7.1
Meghan Martin, Linganore	15	97	6.5
Alexis Truxillo, SJCP	20	128	6.4
Shania Johnson, Tuscarora	14	80	5.7
Olivia Spahr, Oakdale	17	80	4.7
Dara Demich, Brunswick	13	50	3.8
Virginia Roby, Tuscarora	15	52	3.5
Cara Mason, Urbana	12	41	3.4
Tyra Hughes, Walkersville	16	55	3.4
Tara Woelfel, Catoctin	14	44	3.1
Liz Catoe, New Life	17	37	3.1
Connor Kelley, Middletown	17	52	3.1
Tarja Lewis, MSD	19	58	3.1
Dani Tunnell, Oakdale	11	33	3.0

Note: Basketball stats are based on information received from area coaches. Coaches are reminded to submit basketball statistics by 5 p.m. each Wednesday to Bill Cauley (sports@newspost.com) or by fax (301-662-8299).

Wrestling

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1. Morgan Way, Urbana
2. Garrett Buckley, Catoctin
3. Josh Grossnickle, Middletown

1. Tim Nordan, Catoctin
2. Anthony Savage, Tuscarora
3. Jimmy Allen, Urbana

1. Xavier Spruill, Tuscarora
2. Matt Steinheimer, Urbana
3. Hayden Roberts, Middletown

1. Charlie Perella, Catoctin
2. David Abretski, Urbana
3. Tucker Ziegler, Middletown

1. Nick Frank, Urbana
2. Jensen Foster, Brunswick
3. Andrew Clearwood, Middletown

1. Matt Capobianco, Middletown
2. Patrick Guilday, Catoctin
3. Travis Bartholomew, Brunswick

1. Chad Ellis, Linganore
2. Vinnie Wilkes, Middletown
3. Josh Loveless, Oakdale

1. Matt Wax, Tuscarora
2. Collin Schildt, Catoctin
3. Jacob Thomas, Urbana

1. Billy Mills, Tuscarora
2. Zeke Windon, Middletown
3. Thomas Barnes, Oakdale

1. Austin Wenzlaff, Tuscarora
2. Dylan Herrmann, Middletown
3. Mike Virmelson, Urbana

1. Judd Ziegler, Middletown
2. Joe Rimel, Urbana
3. Adam Fitzwater, Brunswick

1. Jordan Willis, Tuscarora
2. Andrew Cross, Middletown
3. A.J. Moody, MSD

1. Zachary Israel, MSD
2. Ryan Simonica, Oakdale
3. Drew Thomas, Urbana

1. Ty Tucker, Urbana
2. Jacob Fisher, Brunswick
3. Charles Davis, Oakdale

Note: Rankings are based on staff input, information received from www.mdwrestling.net and from area coaches.

Indoor Track

Boys

- 55—Davis (T), 6.53. Stennis (T), Hairston (TJ), 6.6. Johnson (TJ), 6.64.
- 55 hurdles—Foster (T), 7.82. Moore (T), 8.31. Roth (U), 8.32.

- 300—Pflister (W), 36.53. Hairston (TJ), 36.6. Myers (M), 36.63.
- 500—Trettel (B), 68.31. Cook (L), 68.33. Stone (C), 69.45.

- 800—Trettel (B), 2:00.17. Bruning (L), 2:02.03. Berryman (W), 2:02.3.
- 1,600—Bruning (L), 4:27.26. Duboyce (L), 4:28.45. Omar (TJ), 4:29.45.

- 3,200—Omar (TJ), 9:32. Bruning (L), 9:38.14. Duboyce (L), 9:51.24.
- 800 relay—Tuscarora, 1:33.9. Linganore, 1:35.51. Thomas Johnson, 1:37.23.